

Press Information

SIMPLY FABULOUS: Relaxing Like Royalty in an Enchanted Castle!

Experience Spoiling Moments of High-end Class with SpaDreams

Frankfurt, November 12, 2014. Thanks to the attractive packages designed by the team of wellness and health travel specialists, SpaDreams guests can relax in the luxurious atmosphere of ancient castles and Maharaja Palaces. Simply switching off, forget worries and feel like Royalty.

Located in a former convent in Boppard, Rhein-Hunsrück, **Hotel & Golfresort Jakobsberg****** guests experience the enchanting Rhine Valley. High above the valley of the Loreley, the focus here is on intense relaxation in a luxurious setting. The 18-hole championship golf course, overlooking the Rhine loop, offers ideal conditions to improve the handicap under the guidance of a resident golf pro. Enjoy culinary delights in the hotel's restaurant inspired by the motto "home, hunting and wine." Pamper yourself with all this and more surrounded in a stereophonic panoramic view (www.spadreams.com/golfresort-jakobsberg).

Set on the eastern shore of Lake Starnberg, the **Schlossgut Oberambach** bids a warm welcome to its guests. The certified organic hotel provides a fantastic view of the Zugspitze, and also features a lush, romantic castle garden. That sustainable activity reflects the hotel's philosophy can be seen in the vital center too. Especially therapies in the field of natural medicine such as shiatsu, hot stone or gemstone oil massages are offered here for the holistic wellness and spa treatments. The outbuilding allows room for rest and relaxation: in the Finnish sauna, during a steam bath or under the experience shower, everyday worries are soon forgotten. All gourmets among the holidaymakers feel like Cinderella at the onsite restaurant "Rose Island". International as well as regional dishes are offered, which are made from 100 percent organic ingredients. (www.spadreams.com/schlossgut-oberambach).

Nestled at the foot of the Himalayas, **Ananda in the Himalayas*******, the former palace of the Maharaja of Theri Garhwal transfers its guests to the mysticism of 1001 Nights. The name says it all: "Ananda" means bliss and health, and the guests enjoy all this in the first class Ananda Spa, where perfect rest and relaxation are offered in 2,000 square meters of pure luxury. Based on the principles of Yoga, Ayurveda, Meditation and Vedanta (schooling for life),

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oriental medicine and therapies from Europe merge for your healing delight. (www.spadreams.com/ananda).

At the **The Leela Palace Udaipur******* in North West India, Spa Dreams will find wellness for the soul paired with majestic luxury. Situated on the banks of Lake Pichola, the former Maharaja Palace offers a unique view of the mountainous Aravalli Range. The modern resort radiates with the elegant ambience of the British Empire and the royal palaces of ancient India as well as two first class restaurants featuring international and local cuisine. The ESPA Spa offers a variety of practices such as aromatherapy, massage and facial treatments in luxurious private tents and a swimming pool. (www.spadreams.com/leela-udaipur).

More enchanting offers can be found at www.spadreams.com.

About SpaDreams

SpaDreams is the international brand of FIT Reisen, the largest tour operator specialised in health and wellness travel, with corporate headquarters in Frankfurt am Main. With its high quality, diverse range, good value for money and personalized service, FIT Reisen has not only established itself as the market leader in this segment, but was also voted the most innovative health tourism organiser in 2014. Since almost 40 years, FIT Reisen has been known for the combination of healthy holidays with attractive beauty, fitness and leisure offers. Today, FIT Reisen and SpaDreams offer more than 2200 different spa, health, beauty, Ayurveda, Yoga and spa trips for your perfect dream holiday; with more than 500 hotels and more than 220 destinations in more than 40 countries.

This and other press releases, as well as additional information and pictures to the offers of SpaDreams under: www.spadreams.com/press-area/press-releases/

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