

Press Information

Enjoy Thermal Wellness in the European Ambience & Mediterranean

In the heart of the Euganean Hills bringing the body & mind in relax motion

Frankfurt, July 15th 2015. Not far from the historic thermal source "**Montirone Park**" in Italy find SpaDreams travel guests the perfect place to get away from it all and at the same time allocate their own health maintenance: the sophisticated five-star Hotel President Terme **Private Health Centre** for thermal and mud treatments.

Thermal and mud units, because of their versatile effectiveness as one of the most effective treatments and have a long lasting tradition. The **volcanic mud** is used in particular in a mud pack for the treatment of **diseases for the musculoskeletal system and muscular tension**. The warm thermal water penetrates from over a thousand meters to the source and is reflected by the increased temperature which relieves chronic diseases, rheumatism, pain, allergies, high blood pressure and inflammation. From a week's stay the tour operator specialising in health and wellness trips offer a current **discount of 20%** (percent). So those who are seeking relaxation, satisfaction & enjoyment, can book now and whiteness for yourself the wellness of European Ambience.

The highlight of the resort is the spa area "**Abano Wellness**": Here there are thermal baths and interconnected indoor & outdoor thermal pools with waterfalls, a relaxation pool area and also an outdoor swimming pool with an integrated Jacuzzi! So recreation seekers and relaxation seekers can both enjoy the area perfectly.

The attached gym is equipped with Techno-gym equipment and offers thermal steam cave with aromatherapy sensory showers, together with sufficient space for rest and relaxation. For addition Pilates classes or personal trainers can be booked with an additional fee. The three 18-hole golf courses in close proximity let golfers' enjoy their favourite sport plus a green fee discount of 20 percent.

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In peels, cosmetic massages, facials or individual thermal mud masks, guests in the beauty club pampering. In Vital Spa recreation seekers on ozone thermal baths and underwater massages can look forward with essential oils and bio-energetic finger acupressure.

In addition to free admission to the "Abano Wellness" SPA area from 7:30 clock and 19:00 the use of the thermal baths, thermal steam bath, relaxation zone and the gym is also included. In addition, SpaDreams Guests are invited to take part in the daily fitness activities which are; Nordic Walking or water activities such as aqua fit and aqua stretching on offer. Lovers of fine wine once a week can look forward to a wine tasting and tasting of local specialty traditional wines.



The in-house restaurant is the fine gourmet menus from exquisite Italian and international specialties can be tasted. Upon request the chefs can also prepare specific diets, Ayurvedic, vegetarian or gluten-free food. A glass of wine from the exquisite and varied collection completes the dinner.

To gather more on this hotel please visit <https://www.spadreams.com/president-terme-hotel> or visit our main web-page for other exclusive deals www.spadreams.com.

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About SpaDreams

SpaDreams is the international brand of FIT Reisen, the largest tour operator specialised in Health and Wellness travel, with corporate headquarters in Frankfurt-am-Main. With its high quality, diverse range, good value for money and personalised service, FIT Reisen has not only established itself as the market leader in this segment, but was also voted the most innovative Health tourism organiser in 2014.

For almost 40 years, FIT Reisen has been known for the combination of healthy holidays with attractive beauty, fitness and leisure offers. Today, FIT Reisen and SpaDreams offer more than 3,500 different spa, health, beauty, Ayurveda, Yoga and spa trips for your perfect dream holiday; with more than 500 hotels and more than 220 destinations in more than 40 countries & 10 different languages.

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